

SEASON 5A (MAY)

Larry Grossman Arena - Small Rink

APRIL 30th TO JUNE 3rd

5 WEEKS

	SUNDAY	TUESDAY	THURSDAY	FRIDAY	SATURDAY
PRECAN CANSKATE GROUPS	4-5PM 5-6PM		5-6PM		9-10AM 10-11AM
CANFIGURE GROUP					11-12PM
STARSKATE GROUP	6-7PM				11-12PM
ADULT GROUP	8-9PM		5-6PM		
POWER HOUR				5-6PM	
PRECAN CANSKATE CAN5-STAR2 ADULT PRIVATES	4-5PM 5-6PM 6-7PM 7-8PM 8-9PM	5-6PM 6-7PM	5-6PM 6-7PM		9-10AM 10-11AM 11-12PM 12-1PM

For more information on our policies & procedures, please visit our website:

WWW.FHFSC.CA

SEASON 5B (MAY-JUNE)

Larry Grossman Arena – Large Rink

APRIL 30th TO JUNE 30th

9 WEEKS

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
PRECAN CANSKATE GROUPS	4-5PM	4-5PM		4-5PM	4-5PM
STARSKATE GROUP				5-6pm	
PRECAN CANSKATE PRIVATES	4-5pm 5-6pm 6-7PM	4-5PM	4-5PM	4-5PM 5-6pm	4-5pm 5-6pm
CAN5-STAR2 PRIVATES	5-6PM 6-7PM	4-5PM	4-5PM	5-6PM 6-7PM	4-5pm 5-6pm
STAR 2 AND UP PRIVATES	5-6PM 6-7PM			6-7PM	6-7PM
HIGH LEVEL STAR		5-6PM 6-7PM	5-6PM 6-7PM	7-8PM 8-9PM	6-7PM 7-8PM

HELMET POLICY: PreCan, CanSkate, CanFigureSkate, PrePower, CanPower, Double Digit & Adult participants up to & including stage 5 must wear a CSA approved hockey helmet while on the ice. Helmets with face grills are mandatory for Power Hour.

REFUND POLICY: FHFSC does not issue refunds, credits, make-up sessions, or ticket ice for any reason other than medical withdrawal from a program and must accompany a doctor's note.

All sessions are 60min, this may include a flood.

FHFSC reserves the right to cancel sessions if minimum registration requirements are not met or other related reasons. You will be notified in advance.

LEARN TO SKATE PROGRAMS

PreCanSkate

- New skaters age 4+
- No skating experience
- Coach/Skater Ratio 1:4

CanSkate

- Ages 4-10
- Able to skate unassisted
- Working on CanSkate 1-6
- Coach/Skater Ratio: 1:8

CanFigureSkate

- CanSkate 1-4 Level skaters
- Figure Skates and Attire Required
- Coach/Skater ratio 1:8

Adult / Double Digits

- Ages 13+
- Able to skate unassisted
- Coach/Skater Ratio: 1:8

For more information on our
Learn To Skate programs,
Please visit our website:

WWW.FHFSC.CA

HOCKEY SKILL PROGRAMS

Power

PrePower

- Canskate 1-4 Level skaters
- Hockey gear optional
- Helmets with grill are mandatory
- Coach/Skater Ratio 1:8

CanPower

- Hockey specific skating skills
- Must have passed CanSkate 4
- Full hockey gear required
- Coach/Skater Ratio 1:8

FIGURE SKATING PROGRAMS

StarSkate Group

Can5-Star 1

- Figure skating specific skills
- Must have passed CanSkate 4
- Figure skates and attire required
- Coach/Skater Ratio 1:10

StarSkate Privates

Can5-Star 1

- Must have passed CanSkate 4

Star2 and Up

- Must have passed all Star1
Assessment

High Level Star

- Skaters must be able to do a loop jump, camel spin/or Sit spin and fast stroking with crosscuts with no toe picks and is approved by skating director

Season 5A/5B **(May – June 2023)**

Larry Grossman Arena
340 Chaplin Cres
Toronto, On

Season 5A: April 30th to June 3rd
(5 Weeks)

Season 5B: April 30th to June 30th
(9 Weeks)



FOREST HILL
Figure Skating Club

Season **5A/5B** **(MAY/JUNE 2023)** **Group/Private** **Sessions**

WWW.FHFSC.CA

EMAIL:
office@fhfsc.ca

